



Saskawhihiwine River

HONORING WATER CEREMONY

[PLEASE COLLECT SOME DRINKABLE WATER IN A CUP]

[WATER IS PLACED BEFORE YOU].

WATER IS LISTENING
WATER HAS ALWAYS BEEN LISTENING
HEARING EVERY WORD, THOUGHT, DEED
MILLENNIA BEYOND TIME
PRESENT IN EVERY BLINK OF OUR EYES
GLISTENING WITHIN EVERY BREATH
ENTHRALLING OUR BLOOD WITH EACH PULSE/HEARTBEAT
RECORDING, REMEMBERING, RESONATING



[HOLDING NOW YOUR WATER EYES CLOSED]

BELOVED PRECIOUS ONE: WATER
WATER OF EACH CELL, BONE & CREVASS OF
THIS MY PHYSICAL SELF
WATER OF MY BLOOD OF MY BREATH AND BONES
WATER OF THE AIR CARESSING MY LIFE
WATERS OF THE SPRINGS, WELLS, LAKES, STREAMS
RIVERS AND SEAS
WATERS DEEP WITHIN EARTH AND INTO
INTERGALACTIC SPACE

VAST CONSCIOUSNESS EVER GENEROUS WATER CARING, CARRYING US
CLEANSING US, ENVELOPING US
BIRTHING & BRINGING FORTH ALL LIFE
TEEMING IN THE OCEAN
TEEMING IN THE AIR
TEEMING ON THE LAND
LISTENING, HEARING, RECORDING
NOW! NOW! & NOW!

BELOVED, GLORIOUS, MYSTERIOUS WATER! CLEANSER, HEALER, PURIFIER, LOVER GIVER GENEROUS BEYOND BELIEF VAPOROUS, LIQUID, & SOLID LIFE MASTER ANCIENT ONE, DIVINE ONE

REVELER, ROARER, BUILDER, DESTROYER BIRTHER, BORER, WHISPERER, SEEPER SOOTHER, WOOER, ARTIST, CONJUROR TEACHER, BLESSED GIFT OF THE DIVINE

HERE COME WE, WORSHIPING THEE GRATITUDE HIGH BEYOND THE MOON ACROSS THE COSMOS AND BEYOND ALL TIME

TAKE NOW OUR BREATH, OUR PRAYERS GIVEN IN OUR GROWING HUMILITY TO SEED TO HEAL EVERY



TRANSGRESSION, YEA! ABOMINATION
ACTS OF HATRED, VIOLENCE, & POMP.
HOW VERY MINISCULE HAS BEEN OUR SIGHT
AND ABYSMAL OUR LOST STATE
AS WE HAVE AUTHORED & COUNTENENCED
TORTURE, EVIL, PAIN, ANGUISH, & GRIEF.
WOUNDS OF COMMISSION, OMISSION & DENIAL
AS MANY RAVAGE, SAVAGE OURSELVES
AND ALL LIFE ON BELOVED EARTH

TAKE NOW OUR WILL, OUR DEVOTION OUR PLEDGE, OUR SEEDLING OFFERINGS ONE BY ONE IN EIGHT BILLION EMERGING IN OUR AWAKENING; DAWNING OF OUR GREATER LOVE

TAKE NOW OUR EMBRACE
WE ENJOIN WIH YOU INTO SACRED ALLIANCE
YOU CO- AUTHORING LIFE SO LONG
WE ACCEDE TO YOU OUR WILL AS WE ALLOW
AND BLOSSOM INTO THE DIVINE
WE GIVE NOW OUR BREATH, OUR PRAYERS

[SITTING DOWN YOUR WATER IN FRONT ON YOU]

PLACE YOU HANDS OVER YOUR HEART/CHEST CLOSE YOU EYES BREATH IN DEEPLY THE GIFT OF BREATH THE GIFT OF AIR WATER IN THE AIR LIVING RELATIVES IN THE AIR

BREATH IN KNOWING LOVE IS IN THIS AIR
THIS GIFT OF LIFE
BREATH IN LOVE
BREATH OUT LOVE
BREATHING IN LOVE, BREATHING OUT LOVE
KNOWING LOVE IS COURSING EVER MORE FULLY
THROUGHOUT YOUR BODY
FILLING EVERY ORGAN, PORE, TISSUE & CELL



[NOW PLACE YOUR HANDS OVER YOUR WATER]

LET YOUR GRATITUDE, YOUR THANKFULNESS & LOVE FOR WATER POUR FORTH TO THE WATER THROUGH YOUR HANDS YOUR LOVE FOR SO MANY THINGS YOU TREASURE TALK WITH THE WATER EITHER SILENTLY OR ALOUD WATER IS LISTENING, HEARING AND RECEIVING ALL YOU HAVE TO GIVE, SHARE, EMPART ALLOW ALL YOUR FEELINGS TO ARISE THEY MAY WANT TO FLOOD FORTH LET THE ANGUISH OF ANY MEMORIES, WOUNDS, TRANSGRESSIONS COME IF THEY SPONTANEOUSLY ARISE LET YOUR PRAYERS FOR HEALING POUR FORTH ALLOW WHATEVER NEEDS TO EMERGE TO COME TAKE YOUR TIME ACCEPT, ALLOW, BREATH, ALLOW TALK/PRAY TO THE WATER WITH ALL YOUR HEART, MIND BODY & SOUL SPEND THIS INTIMATE TIME WITH BELOVED WATER AMBASSDOR OF LIFE, LOVE, AND HEALING

[PAUSE SEVERAL MINUTES]

AS THE INTIMACY AND DEEPENING SUBSIDE TAKE MORE DEEP BREATHS OF AIR LET YOUR PRAYERS SUBSIDE AS YOU DEEPEN, DEEPEN INTO STILLNESS

BE STILL AND LISTEN ALERT TO ANYTHING WATER WOULD SHARE, GIFT, PROVIDE

[PAUSE SEVERAL SECONDS]



[ALLOW YOURSELF TO SLOWLY OPEN YOUR EYES]

DIP YOUR FINGERS INTO THE WATER
OR POUR A BIT INTO YOUR PALM
AND WET YOUR HANDS
ABOVE YOUR HEAD
CLAP YOUR HANDS
CLAP, CLAP, CLAP
ALLOWING THE WATER TO RAIN DOWN UPON YOU
DIP OR POUR MORE WATER ONTO YOUR HANDS
TOUCH AND SPREAD THE WATER OVER YOUR HEAD
YOUR HEART, YOUR TORSO
WHEREVER YOU FEEL CALLED
TAKE TIME TO ANNOINT YOURSELF WITH WATER
IN THOSE PLACES SPECIAL TO YOU
LET THE HEALING BALM OF THE WATER AND YOUR PRAYERS
ANNOINT AND TOUCH YOU

[PAUSE FOR SEVERAL SECONDS]

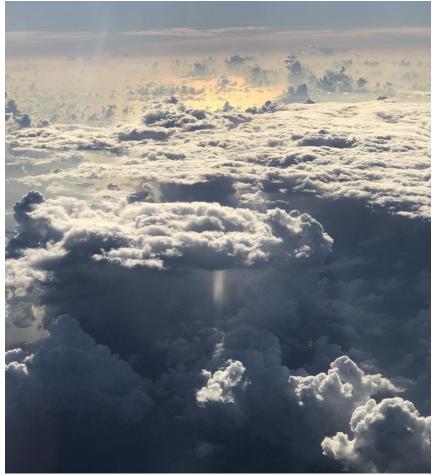
WHEN YOU ARE COMPLETE

BRING THIS VESSEL TO YOUR LIPS AND DRINK WELCOME BELOVED, PRECIOUS WATER FULL OF LOVE AND PRAYERS COME CONTINUE YOUR JOURNEY WITHIN CLEANSING, HEALING, PURIFYING ALLOWING THE TRANSMUTATION OF THE BODY, THE AIR, THE EARTH & HUMANITY

[CLOSE WITH DR EMOTO'S PRAYER]

WATER we are sorry,
WATER please forgive us,
WATER we thank you,
WATER we love you.





Gulf of Mexico

You are invited to
Do this each morning or evening
Or perhaps weekly alone or among friends
For one year
However long or short
You feel called
And forgive yourself if ever you miss!